



First Weeks Breastfeeding Support Group

Led by our lactation specialists, this support group provides a nurturing place where you can meet other breastfeeding mothers, and discuss breastfeeding related issues. The support group provides assistance to help you get your baby off to a healthy start.*

Every Thursday
9:30 to 11:00 a.m.
ARU Dining Room, Pavilion
25727 McBean Parkway, Valencia, CA 91355

Cost: \$10 per person
For more information, please call (661) 253-8238

*The American Academy of Pediatrics (AAP) recommends breastfeeding for the first year of life. The AAP believes that breast milk is the "optimal form of nutrition for infants."

23845 McBean Parkway
Valencia, CA 91355
www.henrymayo.com

